

# Using

# Fentanyl:

## How to use Fentanyl safely:

- 1** Assume overdose risk no matter what drug you are using.
- 2** Go slow. Use less.
- 3** Test your product for fentanyl.
- 4** Try not to use alone, but if you do, use other strategies. Never Use Alone Hotline: 800-484-3731
- 5** Snort or smoke instead of inject.
- 6** If using in a group stagger your use.
- 7** Know the signs of an overdose. And carry naloxone.

Information from [National Harm Reduction Coalition](#)

**For more information on where to access Fentanyl Test Strips, or other Syringe Services:**  
**Call: 801-538-6191**  
**Email: [Syringexchange@utah.gov](mailto:Syringexchange@utah.gov)**